

## Shabbat Centered Learning Havdalah Ceremony

**Reader 1:** Our rabbis teach that on Shabbat, we are given an extra soul. At Havdalah we relinquish that extra soul, but hope that the sweetness and holiness of the day will remain with us during the week. We take a cup of wine, some spices, and a beautiful braided Havdalah candle, and we sing or recite the blessings. It is our wish that the hopes and dreams we have set as our goals will be realized. We also take our family tool-kit to support us as we work toward our dreams.

**Reader 2:** These blessings talk about distinctions between the holy and the everyday, between light and darkness, between the people Israel and the other peoples of the earth, between the seventh day of rest and the six days of work.

**Leader 1:** We begin with a *niggun* and the first paragraph of Havdalah. We then make a blessing over the wine, a symbol of joy, to sanctify the moment.

הִנֵּה אֵל יְשׁוּעָתִי, אֲבֹטַח וְלֹא אֶפְחָד, כִּי עֲזָרִי  
וְזִמְרַת יְהוָה יִי, וַיְהִי לִי לִישׁוּעָה. וּשְׂאֵבֹתֶם  
מִיָּם בְּשִׁשׁוֹן, מִמַּעַיְנֵי הַיְשׁוּעָה. לִי  
הַיְשׁוּעָה, עַל עַמְּךָ בְּרִכְתֶּךָ סֵלָה. יִי צְבָאוֹת  
עֲמָנוּ, מִשְׁגָּב לָנוּ אֱלֹהֵי יַעֲקֹב סֵלָה. יִי  
צְבָאוֹת, אֲשֶׁרִי אָדָם בְּטַח בְּךָ. יִי הוֹשִׁיעָה,  
הַמֶּלֶךְ יַעֲנֵנוּ בַיּוֹם קִרְאָנוּ. לַיהוּדִים הַיְתֵה  
אוֹרָה וְשִׂמְחָה וְשִׁשׁוֹן וַיְקַר. כֵּן תִּהְיֶה לָנוּ.  
כּוֹס יְשׁוּעוֹת אֲשָׂא, וּבָשִׂים יִי אֶקְרָא.

*Hinneh El yeshu'ati evtakh velo efchad.  
ki ozzi vezimrat Yah Adonai vay'hi li lishu'a.  
ushe'avtem mayim besason mima'aynei  
ha-y'shua. L'Adonai ha-y'shua al am'kha  
virkhatekha sela. Adonai tseva'ot imanu  
misgav lanu Elohei Ya'akov sela. Adonai  
ts'va'ot ashrei adam boteach bakh. Adonai  
hoshi'ya ha-melekh ya'aneinu v'yom  
kor'einu. La-yehudim hay'ta ora v'simcha  
v'sason vikar ken tihyeh lanu. Kos yeshuot  
essa uv'shem Adonai ekra.*



Behold! God is my deliverance in whom I trust and I am not afraid. God is my strength and song, Adonai will be my deliverance. You shall draw water in joy from the waters of deliverance. Deliverance is God's, for the nation that is God's praise, Selah. The Lord of Hosts is with us, Adonai is our support, the God of Jacob, Selah. The Lord of Hosts, praiseworthy is the one who trusts in God. The Lord will save, the Ruler will answer on the day that we call. There was light, joy, gladness and honor for the Jews - so may there be for us. I will raise up the cup of deliverance, and call in the name of Adonai.

Blessing over the wine:

ברוך אתה יי, אלהינו מלך העולם, בורא פרי הגפן.

*Barukh ata Adonai, Eloheinu Melekh ha-olam, borei peri ha-gafen. (Amein)*

Blessed are You, Adonai our God, Ruler of the universe, who creates the fruit of the vine. Amen

**Leader 2:** We continue with the blessing on the spices to carry the sweet spice of Shabbat into the week and wake us gently to our earthly responsibilities.

Blessing over the spices:

ברוך אתה יי, אלהינו מלך העולם,  
בורא מיני בשמים.

*Barukh ata Adonai, Eloheinu Melekh ha-olam, borei minei v'samim (Amein)*

Blessed are You, Adonai our God, Ruler of the universe, who creates a variety of spices. Amen

**Leader 3:** Then we use the light of the candle by looking at our fingernails and palms in the light with our hands palms-up, making finger-shadows on our hands that display the distinction between light and darkness. This light is the first fire of the new week. Some people look into the eyes of those near them to see the light reflected there. This is a traditional encouragement to go toward the light and bring light to the world.

Blessing over the fire:

ברוך אתה יי, אלהינו מלך העולם,  
בורא מאורי האש.

*Barukh ata Adonai, Eloheinu Melekh ha-olam, borei m'orei ha'eish. (Amein)*

Blessed are You, Adonai our God, Ruler of the universe, who creates the light of fire. Amen

**Leader 4:** We recite the concluding blessing together.

ברוך אתה יי, אלהינו מלך העולם, המבדיל בין  
קדש לחול, בין אור לחשך, בין ישראל לעמים, בין  
יום השביעי לששת ימי המעשה. ברוך אתה יי,  
המבדיל בין קדש לחול.

*Barukh ata Adonai, Eloheinu Melekh ha-olam, ha-mavdil bein kodesh l'chol, bein or le'choshekh, bein Yisrael la-amim, bein yom ha-shevi'i l'sheshet y'mai ha-ma'aseh. Barukh ata Adonai, ha-mavdil bein kodesh l'chol.*

Blessed are You, Eternal our God, Ruler of the universe, who distinguishes between the sacred and the profane, between light and darkness, between Israel and other people of the world, between the seventh day and the six days of the week. Blessed are You, who distinguishes between the sacred and the profane.

## Concluding Songs:

*Shavua tov (8x)*

A good week, a week of peace. May gladness reign and joy increase. (2x)

Eliyahu ha-navi, Eliyahu ha-Tishbi, Eliyahu ha-Giladi. Bimheira v'yameinu yavo eleinu, im mashiach ben David (2x).

*Miriam ha-nevi'a, oz v'zimra b'yadah. Miriam tirkod itanu l'hagdil zimrat olam. Miriam tirkod itanu l'taken et ha-olam. Bimheira v'yameinu, hee t'vi'einu el mei ha-y'shua. El mei ha-y'shua.*

May Elijah the Prophet come to us, heralding the Messiah, soon and in our days!

Miriam the Prophetess, strength and song in her hand, will dance with us to repair the world. Soon and in our days, may she bring us to the waters of redemption!

(The Miriam verse was written by Rabbi Leila Gal Berner.)