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A hope I have for the coming week: _____

What might challenge turning this hope into reality?

What will help turn this hope into reality?

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to be discussed as a family.**

In my efforts to turn my hope into reality, what happened?

How did the items, objects and rituals in my bag help bring a hope to reality? _____

What else would I have needed to help make that happen?

A the end of this week I feel grateful for: _____

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